

GRILLING ESSENTIALS SHOPPING LIST

Are you looking to gear up for summer grilling? Make sure you stock up on all your grilling essentials before you get cooking. Use this comprehensive checklist on your next bulk grocery store outing to ensure you have all your bases covered.

Grilling Equipment

In addition to the main attraction—the grill—don't forget other tools to help make your meal perfect.

- Propane or Charcoal
- A variety of grill-safe tongs
- Metal/heat resistant spatula
- Grill brick and grill cleaner
- Meat thermometer
- Grill fork
- Towels
- Grill gloves
- Tin foil

Main Proteins

The sky's the limit when it comes to main dishes on the grill. From juicy [NY strip steaks](#) to [smoked ribs](#), vegetarian burgers, and fresh seafood. Nothing is off limits! For a great meal, select one or two mains to highlight at your next BBQ gathering.

Beef:

- Hamburger patties
- Brisket
- Whole strip loin break down into individual steaks

Pork:

- Pork spareribs
- Pork chops
- Pork tenderloin

Poultry:

- Chicken breasts
- Chicken wings
- Chicken sausages
- Ground turkey or chicken for poultry burgers

Plantbased:

- Vegetarian burgers
- Meat-free sausages
- Tofu

Fish and Seafood:

- Fish filets - like salmon, halibut, rockfish, and cod
- Salmon burgers
- Shrimp

Ingredients for Side Dishes and Toppings

Proteins are the only items great for grilling. Fresh produce tastes even better when cooked on an open flame. Here are some of the best fruits and veggies for the BBQ:

- Portobello mushrooms
- Whole corn-on-the-cob
- Summer squash
- Watermelon
- Potatoes
- Pineapple
- Bell pepper
- Eggplant
- Onion

Seasonings and Condiments

Push your flavor to the next level with condiments and pre-blended seasonings or bulk up on spices to create your own.

- Grill seasoning – purchase pre-blended or bulk up on spices to create your own
- Oil with a high smoke point - like canola or grapeseed oil
- Salt and pepper
- Ketchup, mustard, mayo, BBQ sauce
- Relish

Beverages

A hot day calls for a cool drink, so remember to stockpile everyone's favorite beverages.

- Canned sodas and sparkling water
- Lemonade
- Iced tea

